



Water Saving Actions In the kitchen

Try one or more of these water saving actions to be smart with your water use in the kitchen.

Wait until the dishwasher is full before turning on

Fill up a bowl in the sink to wash veggies instead of using running water

Defrost food in the fridge instead of with hot water

Only run the tap when you need to. Consider installing a tap aerator

Keep a jug or bottle in the fridge in summer for drinking so you don't have to run the tap until cold

Compost food scraps instead of using a waste disposal

www.smartwater.org.nz/smart-water-schools

© Copyright. Science Learning Hub – Pokapū Akoranga Pūtaiao, The University of Waikato sciencelearn.org.nz and Smart Water smartwater.org.nz

